



Ocean County Vocational-MATES Academy Lunch , April 2024



Monday 01	Tuesday 02	Wednesday 03	Thursday 04	Friday 05
Closed	Closed	Closed	Closed	Closed
Monday 08	Tuesday 09	Wednesday 10	Thursday 11	Friday 12
Barbecue Popcorn Chicken <i>Dinner Roll</i> Sweet Potato Fries Italian Hero <i>Bell Pepper</i> Pineapple	Macaroni & Cheese 🟢 <i>Steamed Broccoli</i> <i>Dinner Roll</i> Italian Hero <i>Corn & Edamame Salad</i> Mandarin Oranges	Chicken & Cheddar Cheese Quesadilla 🟢 <i>Mexican Rice & Black Beans</i> <i>Sour Cream</i> <i>Salsa</i> Italian Hero <i>Garbanzo Bean & Red Pepper Salad</i> Diced Pears	Meatball Parm. Hero 🟡 <i>Cauliflower</i> Italian Hero <i>Cucumber</i> Apple Slices	Big Daddy's Pizza 🟢 <i>Baked Fries</i> Italian Hero <i>Broccoli</i> Apple
Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
Popcorn Chicken <i>Dinner Roll</i> <i>Tater Tots</i> Garden Salad w/ Breaded Chicken 🐔 <i>Dinner Roll</i> <i>Black Bean & Corn Salsa</i> Applesauce	Ravioli w/ Marinara Sauce 🟡 <i>Green Beans</i> <i>Dinner Roll</i> Garden Salad w/ Breaded Chicken 🐔 <i>Cauliflower</i> <i>Dinner Roll</i> Orange	Grilled BBQ Chicken & Cheese Wrap <i>Black Beans</i> Garden Salad w/ Breaded Chicken 🐔 <i>Dinner Roll</i> <i>Garbanzo Bean & Red Pepper Salad</i> Peach Cup	Cheesesteak Hero 🟡 <i>Sweet Potato Fries</i> Garden Salad w/ Breaded Chicken 🐔 <i>Dinner Roll</i> <i>Bell Pepper</i> Apple Slices	Big Daddy's Pizza 🟢 <i>Caesar Salad</i> Garden Salad w/ Breaded Chicken 🐔 <i>Dinner Roll</i> Baby Carrots Banana
Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
Breaded Chicken Patty on a Bun <i>Waffle Fries</i> Turkey & Cheese on a Roll <i>Tomatoes</i> Mandarin Oranges	Lasagna w/ Marinara Sauce 🟡 <i>Tossed Salad</i> <i>Dinner Roll</i> Turkey & Cheese on a Roll <i>Tossed Salad</i> Peach Cup	Popcorn Chicken Twister w/ Ranch Dressing <i>Black Bean & Corn Salsa</i> Turkey & Cheese on a Roll <i>Corn & Edamame Salad</i> Diced Pears	BBQ Beef Rib Hero 🟡 <i>Cauliflower</i> Turkey & Cheese on a Roll <i>Bell Pepper</i> Apple	Big Daddy's Pizza 🟢 <i>Sweet Potato Fries</i> Turkey & Cheese on a Roll Baby Carrots Pineapple
Monday 29	Tuesday 30			
Chicken Tenders <i>Dinner Roll</i> <i>Smiley Potatoes</i> Chef's Salad <i>Dinner Roll</i> <i>Garbanzo Bean & Red Pepper Salad</i> Grapes	Pasta w/ Meatballs 🟡 <i>Dinner Roll</i> <i>Green Beans</i> Chef's Salad <i>Celery</i> <i>Dinner Roll</i> Orange			

* Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.

Complete Lunches:
Students \$4.00
Staff \$4.50

Orders must be made the Thursday prior to the week of the desired lunch

