




Ocean County Vocational-MATES Academy

Vocational High School Lunch (9-12)

Lunch , October 2025



		Wednesday 01	Thursday 02	Friday 03
	Complete Lunches: Students \$4.50 Staff \$5.00 <i>Please order by the Thursday prior to the week that lunch is desired.</i>	Chicken Burrito w/ Rice & Cheese 🍷 Chef's Salad Bell Pepper Dinner Roll Apple	<h2>School Closed</h2>	Big Daddy's Cheese Pizza 🍷 Caesar Salad Chef's Salad Dinner Roll Baby Carrots Apple Slices
Monday 06	Tuesday 07	Wednesday 08	Thursday 09	Friday 10
Popcorn Chicken & Mashed Potato Bowl Dinner Roll Ham & Cheese on a Kaiser Black Bean & Corn Salsa Diced Pears	Pasta w/ Meatballs 🍷 Dinner Roll Peas & Carrots Ham & Cheese on a Kaiser Tomatoes Mandarin Orange Segments	Buffalo Chicken Twister Cauliflower Ham & Cheese on a Kaiser Cucumbers Peach Cup	Cowboy Burger 🍷 Sweet Potato Fries Ham & Cheese on a Kaiser Garbanzo Bean & Red Pepper Salad Apple	Big Daddy's Cheese Pizza 🍷 Tossed Salad Ham & Cheese on a Kaiser Baby Carrots Banana
Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
<h2>School Closed</h2>	Stuffed Shells w/ Marinara Sauce 🍷 Dinner Roll Green Beans Grilled Chicken Caesar Salad 🍷 Dinner Roll Cucumbers Apple	Chipotle Chicken & Cheese Wrap Black Beans Grilled Chicken Caesar Salad 🍷 Dinner Roll Garbanzo Bean & Red Pepper Salad Apple Slices	Beef & Bean Burrito 🍷 Grilled Chicken Caesar Salad 🍷 Corn Dinner Roll Banana	Big Daddy's Cheese Pizza 🍷 Caesar Salad Grilled Chicken Caesar Salad 🍷 Dinner Roll Baby Carrots Peach Cup
Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
Barbecue Popcorn Chicken Baked Fries Dinner Roll Italian Hero Bell Pepper Pineapple	Macaroni & Cheese 🍷 Steamed Carrots Dinner Roll Italian Hero Corn & Edamame Salad Mandarin Orange Segments	Chicken & Cheese Soft-Shell Tacos Mexican Rice Italian Hero Garbanzo Bean & Red Pepper Salad Diced Pears	Meatball Parm. Hero 🍷 Peas & Carrots Italian Hero Cucumbers Apple Slices	Big Daddy's Cheese Pizza 🍷 Tossed Salad Italian Hero Broccoli Apple
Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31
Popcorn Chicken & Mashed Potato Bowl Dinner Roll Garden Salad w/ Breaded Chicken 🍷 Black Bean & Corn Salsa Dinner Roll Applesauce	Ravioli w/ Marinara Sauce 🍷 Dinner Roll Peas & Carrots Garden Salad w/ Breaded Chicken 🍷 Cauliflower Dinner Roll Orange	Grilled BBQ Chicken & Cheese Wrap Black Beans Garden Salad w/ Breaded Chicken 🍷 Garbanzo Bean & Red Pepper Salad Dinner Roll Peach Cup	Cheeseburger Sliders on Buns Cauliflower Garden Salad w/ Breaded Chicken 🍷 Bell Pepper Dinner Roll Apple Slices	Big Daddy's Cheese Pizza 🍷 Caesar Salad Garden Salad w/ Breaded Chicken 🍷 Dinner Roll Baby Carrots Banana

* Consuming raw or under cooked meat, poultry, seafood, shellsh or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.