



# Ocean County Vocational-MATES Academy

## Default (9-12)

### Lunch , March 2026



Monday 02	Tuesday 03	Wednesday 04	Thursday 05	Friday 06
<b>Popcorn Chicken &amp; Mashed Potato Bowl</b> <i>Dinner Roll</i> <b>Garden Salad w/ Breaded Chicken</b> 🐔 <i>Black Bean &amp; Corn Salsa</i> <i>Dinner Roll</i> <b>Applesauce</b>	<b>Ravioli w/ Marinara Sauce</b> 🍷 <i>Dinner Roll</i> <b>Peas &amp; Carrots</b> <b>Garden Salad w/ Breaded Chicken</b> 🐔 <i>Dinner Roll</i> <i>Cauliflower</i> <b>Orange</b>	<b>Grilled BBQ Chicken &amp; Cheese Wrap</b> <i>Black Beans</i> <b>Garden Salad w/ Breaded Chicken</b> 🐔 <i>Garbanzo Bean &amp; Red Pepper Salad</i> <i>Dinner Roll</i> <b>Peach Cup</b>	<b>Pulled Pork &amp; Cheddar Cheese Panini</b> <b>Garden Salad w/ Breaded Chicken</b> 🐔 <i>Bell Pepper</i> <i>Dinner Roll</i> <b>Apple Slices</b>	<b>Big Daddy's Cheese Pizza</b> 🍷 <i>Wedge Cut Fries</i> <b>Garden Salad w/ Breaded Chicken</b> 🐔 <i>Dinner Roll</i> <b>Baby Carrots</b> <b>Banana</b>
<b>Monday 09</b>	<b>Tuesday 10</b>	<b>Wednesday 11</b>	<b>Thursday 12</b>	<b>Friday 13</b>
<b>Spicy Breaded Chicken on a Bun</b> <i>Sweet Potato Fries</i> <b>Turkey &amp; Cheese on a Kaiser</b> <i>Tomatoes</i> <b>Mandarin Orange Segments</b>	<b>Lasagna w/ Marinara Sauce</b> 🍷 <i>Green Beans</i> <i>Dinner Roll</i> <b>Turkey &amp; Cheese on a Kaiser</b> <i>Garbanzo Bean &amp; Red Pepper Salad</i> <b>Peach Cup</b>	<b>Popcorn Chicken Twister w/ Ranch Dressing</b> <i>Baked Fries</i> <b>Turkey &amp; Cheese on a Kaiser</b> <i>Corn &amp; Edamame Salad</i> <b>Diced Pears</b>	<b>BBQ Beef Ribs on a Bun</b> 🍷 <b>Turkey &amp; Cheese on a Kaiser</b> <i>Bell Pepper</i> <b>Apple</b>	<b>Big Daddy's Cheese Pizza</b> 🍷 <i>Baked Fries</i> <b>Turkey &amp; Cheese on a Kaiser</b> <b>Baby Carrots</b> <b>Applesauce</b>
<b>Monday 16</b>	<b>Tuesday 17</b>	<b>Wednesday 18</b>	<b>Thursday 19</b>	<b>Friday 20</b>
<b>Chicken Tenders</b> <i>Sweet Potato Fries</i> <i>Dinner Roll</i> <b>Chef's Salad</b> <i>Garbanzo Bean &amp; Red Pepper Salad</i> <i>Dinner Roll</i> <b>Fruit Cup</b>	<b>Tortellini w/ Marinara Sauce</b> 🍷 <i>Dinner Roll</i> <b>Chef's Salad</b> <i>Dinner Roll</i> <i>Celery</i> <b>Orange</b>	<b>Chicken Burrito w/ Rice &amp; Cheese</b> 🍷 <b>Chef's Salad</b> <i>Dinner Roll</i> <i>Bell Pepper</i> <b>Apple</b>	<b>Cheesesteak Hero</b> 🍷 <i>Corn &amp; Black Bean Salad</i> <i>Sweet Potato Fries</i> <b>Chef's Salad</b> <i>Dinner Roll</i> <b>Banana</b>	<b>Big Daddy's Cheese Pizza</b> 🍷 <i>Tater Tots</i> <b>Chef's Salad</b> <i>Dinner Roll</i> <b>Baby Carrots</b> <b>Apple Slices</b>
<b>Monday 23</b>	<b>Tuesday 24</b>	<b>Wednesday 25</b>	<b>Thursday 26</b>	<b>Friday 27</b>
<b>Popcorn Chicken &amp; Mashed Potato Bowl</b> <i>Dinner Roll</i> <b>Ham &amp; Cheese on a Kaiser</b> <i>Black Bean &amp; Corn Salsa</i> <b>Diced Pears</b>	<b>Pasta w/ Meatballs</b> 🍷 <i>Dinner Roll</i> <b>Peas &amp; Carrots</b> <b>Ham &amp; Cheese on a Kaiser</b> <i>Tomatoes</i> <b>Mandarin Orange Segments</b>	<b>Buffalo Chicken Twister</b> <i>Cauliflower</i> <b>Ham &amp; Cheese on a Kaiser</b> <i>Cucumbers</i> <b>Peach Cup</b>	<b>Turkey Fiesta Bowl</b> 🍷 <b>Ham &amp; Cheese on a Kaiser</b> <i>Garbanzo Bean &amp; Red Pepper Salad</i> <b>Apple</b>	<b>Big Daddy's Cheese Pizza</b> 🍷 <i>Wedge Cut Fries</i> <b>Ham &amp; Cheese on a Kaiser</b> <b>Baby Carrots</b> <b>Banana</b>
<b>Monday 30</b>	<b>Tuesday 31</b>			
<b>Breaded Chicken Patty on a Bun</b> <i>Sweet Potato Fries</i> <b>Grilled Chicken Caesar Salad</b> 🐔 <i>Dinner Roll</i> <i>Bell Pepper</i> <b>Applesauce</b>	<b>Stuffed Shells w/ Marinara Sauce</b> 🍷 <i>Dinner Roll</i> <i>Green Beans</i> <b>Grilled Chicken Caesar Salad</b> 🐔 <i>Dinner Roll</i> <i>Cucumbers</i> <b>Apple</b>	<p style="color: red; text-align: center;"><b>Complete Lunches: Students \$4.50 Staff \$5.00</b></p> <p style="text-align: center;">Please order by the Thursday prior to the week that lunch is desired.</p>		

\* Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.

