



Ocean County Vocational-MATES Academy Lunch , May 2023



No Menu Available		No Menu Available		No Menu Available		No Menu Available		No Menu Available	
Mon	01	Tue	02	Wed	03	Thu	04	Fri	05
Chicken Nuggets <i>Baked Fries</i> <i>Dinner Roll</i> Grilled Chicken Caesar Salad 🐔 <i>Dinner Roll</i> <i>Corn</i> Raisins		Meatball Parm. Hero <i>Steamed Carrots</i> Grilled Chicken Caesar Salad 🐔 <i>Baby Carrots</i> <i>Dinner Roll</i> Applesauce		Barbecue Popcorn Chicken <i>Dinner Roll</i> Grilled Chicken Caesar Salad 🐔 <i>Dinner Roll</i> Garbanzo Beans Peach Cup		PizzaBoli 🍕 <i>Green Beans</i> <i>Marinara Sauce</i> Grilled Chicken Caesar Salad 🐔 <i>Celery & Carrot Sticks</i> <i>Dinner Roll</i> Orange		Big Daddy's Pizza 🍕 <i>Steamed Broccoli</i> Grilled Chicken Caesar Salad 🐔 <i>Dinner Roll</i> <i>Broccoli</i> Apple	
Mon	08	Tue	09	Wed	10	Thu	11	Fri	12
Popcorn Chicken & Mashed Potato Bowl <i>Dinner Roll</i> Italian Hero <i>Corn & Edamame Salad</i> Pineapple		Macaroni & Cheese 🍷 <i>Dinner Roll</i> <i>Green Beans</i> Italian Hero <i>Cucumber</i> Mandarin Oranges		Cheesesteak Hero 🍷 <i>Steamed Broccoli</i> Italian Hero <i>Broccoli</i> Apple Slices		Grilled Chicken & Cheddar Cheese Wrap 🐔 <i>Black Beans</i> <i>Steamed Carrots</i> Italian Hero <i>Garbanzo Bean & Red Pepper Salad</i> Orange		Big Daddy's Pizza 🍕 <i>Steamed Carrots</i> Italian Hero <i>Baby Carrots</i> Diced Pears	
Mon	15	Tue	16	Wed	17	Thu	18	Fri	19
100% Beef Burger on a Bun 🍷 Cheeseburger on a Bun 🍷 Garden Salad w/ Breaded Chicken 🐔 <i>Dinner Roll</i> Sweet Potato Fries Applesauce		Sampler Platter <i>Cauliflower</i> <i>Dinner Roll</i> Garden Salad w/ Breaded Chicken 🐔 <i>Dinner Roll</i> <i>Celery & Carrot Sticks</i> Peach Cup		Pasta Alfredo w/ Chicken <i>Dinner Roll</i> <i>Steamed Broccoli</i> Garden Salad w/ Breaded Chicken 🐔 <i>Broccoli</i> <i>Dinner Roll</i> Banana		All-Beef Hot Dog on a Bun <i>Baked Beans</i> Garden Salad w/ Breaded Chicken 🐔 <i>Garbanzo Beans</i> <i>Dinner Roll</i> Raisins		Big Daddy's Pizza 🍕 <i>Emoticon Mashed Potatoes</i> Garden Salad w/ Breaded Chicken 🐔 <i>Corn & Edamame Salad</i> <i>Dinner Roll</i> Apple Slices	
Mon	22	Tue	23	Wed	24	Thu	25	Fri	26
Chicken & Cheddar Cheese Quesadilla 🍷 <i>Black Beans</i> Tuna Salad Sandwich <i>Garbanzo Beans</i> Pineapple		Pizza Crunchers 🍷 <i>Green Beans</i> Tuna Salad Sandwich <i>Cucumber</i> Mandarin Oranges		BBQ Beef Rib Hero 🍷 <i>Steamed Carrots</i> Tuna Salad Sandwich <i>Baby Carrots</i> Apple Slices		Popcorn Chicken Twister w/ Ranch Dressing <i>Corn</i> Tuna Salad Sandwich <i>Corn & Edamame Salad</i> Orange		Big Daddy's Pizza 🍕 <i>Garden Salad w/ Beans</i> <i>Tossed Salad</i> Tuna Salad Sandwich <i>Tossed Salad</i> Diced Pears	
Mon	29	Tue	30	Wed	31	No Menu Available		No Menu Available	
Closed		Buffalo Chicken Wrap <i>Steamed Carrots</i> Chef's Salad <i>Dinner Roll</i> <i>Baby Carrots</i> Peach Cup		Stuffed Shells w/ Marinara Sauce 🍷 <i>Steamed Broccoli</i> Chef's Salad <i>Dinner Roll</i> <i>Broccoli</i> Banana					



Student Meal: Complete Lunch
 \$3.75 Staff Meal \$4.25
 Orders must be made the
 Thursday prior to the week of
 desired lunch

* Consuming raw or under cooked meat, poultry, seafood, shellsh or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.