



Ocean County Vocational-MATES Academy

Default (9-12)

Lunch , January 2026



			Thursday 01	Friday 02
No Menu Available	No Menu Available	No Menu Available	Happy New Year School Closed	Closed
Monday 05	Tuesday 06	Wednesday 07	Thursday 08	Friday 09
Breaded Chicken Patty on a Bun <i>Sweet Potato Fries</i> Grilled Chicken Caesar Salad 🐔 <i>Bell Pepper</i> <i>Dinner Roll</i> Apricots	Stuffed Shells w/ Marinara Sauce 🍷 <i>Green Beans</i> <i>Dinner Roll</i> Grilled Chicken Caesar Salad 🐔 <i>Dinner Roll</i> <i>Cucumbers</i> Apple	Chipotle Chicken & Cheese Wrap <i>Black Beans</i> Grilled Chicken Caesar Salad 🐔 <i>Garbanzo Bean & Red Pepper Salad</i> <i>Dinner Roll</i> Apple Slices	Beef & Bean Burrito 🌱 <i>Tossed Salad</i> Grilled Chicken Caesar Salad 🐔 <i>Corn</i> <i>Dinner Roll</i> Banana	Big Daddy's Cheese Pizza 🍷 <i>Baked Fries</i> Grilled Chicken Caesar Salad 🐔 <i>Dinner Roll</i> Baby Carrots Orange
Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
Barbecue Popcorn Chicken <i>Dinner Roll</i> <i>Baked Fries</i> Italian Hero <i>Bell Pepper</i> Pineapple	Macaroni & Cheese 🍷 <i>Dinner Roll</i> <i>Steamed Carrots</i> Italian Hero <i>Corn & Edamame Salad</i> Mandarin Orange Segments	Chicken & Cheese Soft-Shell Tacos <i>Mexican Rice</i> Italian Hero <i>Garbanzo Bean & Red Pepper Salad</i> Diced Pears	Meatball Parm. Hero 🍷 <i>Peas & Carrots</i> Italian Hero <i>Cucumbers</i> Apple Slices	Big Daddy's Cheese Pizza 🍷 <i>Tater Tots</i> Italian Hero <i>Broccoli</i> Apple
Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
Dr. Martin King Jr.Day School Closed	Ravioli w/ Marinara Sauce 🍷 <i>Peas & Carrots</i> <i>Dinner Roll</i> Garden Salad w/ Breaded Chicken 🐔 <i>Cauliflower</i> <i>Dinner Roll</i> Orange	Grilled BBQ Chicken & Cheese Wrap <i>Black Beans</i> Garden Salad w/ Breaded Chicken 🐔 <i>Garbanzo Bean & Red Pepper Salad</i> <i>Dinner Roll</i> Peach Cup	Pulled Pork & Cheddar Cheese Panini Garden Salad w/ Breaded Chicken 🐔 <i>Dinner Roll</i> <i>Bell Pepper</i> Apple Slices	Big Daddy's Cheese Pizza 🍷 <i>Wedge Cut Fries</i> Garden Salad w/ Breaded Chicken 🐔 <i>Dinner Roll</i> Baby Carrots Banana
Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30
Spicy Breaded Chicken on a Bun <i>Sweet Potato Fries</i> Turkey & Cheese on a Kaiser <i>Tomatoes</i> Mandarin Orange Segments	Lasagna w/ Marinara Sauce 🍷 <i>Dinner Roll</i> <i>Green Beans</i> Turkey & Cheese on a Kaiser <i>Garbanzo Bean & Red Pepper Salad</i> Peach Cup	High School Half Day- No Lunch Service	High School Half Day- No Lunch Service	Big Daddy's Cheese Pizza 🍷 <i>Baked Fries</i> Turkey & Cheese on a Kaiser Baby Carrots Applesauce

* Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.

Complete Lunches:

Students \$4.50

Staff \$5.00

Please order by the Thursday prior to the week that lunch is desired.

