



Ocean County Vocational-MATES Academy Vocational High School Lunch (9-12) Lunch , November 2025



Monday 03	Tuesday 04	Wednesday 05	Thursday 06	Friday 07
Breakfast Sandwich Chips Apples or Carrots Choice of Choc. Milk or 1% Milk	Breakfast Sandwich Chips Apples or Carrots Choice of Choc. Milk or 1% Milk	Breakfast Sandwich Chips Apples or Carrots Choice of Choc. Milk or 1% Milk	Closed	Closed
Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
Chicken Tenders <i>Dinner Roll</i> <i>Sweet Potato Fries</i> Chef's Salad <i>Dinner Roll</i> <i>Garbanzo Bean & Red</i> <i>Pepper Salad</i> Applesauce	Pasta w/ Meat Sauce 🍷 <i>Steamed Carrots</i> <i>Dinner Roll</i> Chef's Salad <i>Celery</i> <i>Dinner Roll</i> Fruit Cup	Chicken Burrito w/ Rice & Cheese 🍷 Chef's Salad <i>Bell Pepper</i> <i>Dinner Roll</i> Apple	Cheesesteak Hero 🍷 <i>Cauliflower</i> Chef's Salad <i>Corn & Edamame Salad</i> <i>Dinner Roll</i> Banana	Big Daddy's Cheese Pizza 🍷 <i>Tater Tots</i> Chef's Salad <i>Dinner Roll</i> Baby Carrots Apple Slices
Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
Popcorn Chicken & Mashed Potato Bowl <i>Dinner Roll</i> Ham & Cheese on a Kaiser <i>Black Bean & Corn Salsa</i> Raisins	Pasta w/ Meatballs 🍷 <i>Dinner Roll</i> <i>Peas & Carrots</i> Ham & Cheese on a Kaiser <i>Tomatoes</i> Mandarin Orange Segments	Buffalo Chicken Twister <i>Cauliflower</i> Ham & Cheese on a Kaiser <i>Cucumbers</i> Peach Cup	Cowboy Burger 🍷 <i>Sweet Potato Fries</i> Ham & Cheese on a Kaiser <i>Garbanzo Bean & Red</i> <i>Pepper Salad</i> Orange	Big Daddy's Cheese Pizza 🍷 <i>Wedge Cut Fries</i> Ham & Cheese on a Kaiser Baby Carrots Banana
Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
Breaded Chicken Patty on a Bun <i>Sweet Potato Fries</i> Grilled Chicken Caesar Salad 🍷 <i>Bell Pepper</i> <i>Dinner Roll</i> Apricots	Stuffed Shells w/ Marinara Sauce 🍷 <i>Dinner Roll</i> <i>Green Beans</i> Grilled Chicken Caesar Salad 🍷 <i>Cucumbers</i> <i>Dinner Roll</i> Apple	Chipotle Chicken & Cheese Wrap <i>Black Beans</i> Grilled Chicken Caesar Salad 🍷 <i>Dinner Roll</i> <i>Garbanzo Bean & Red</i> <i>Pepper Salad</i> Applesauce	Closed	Closed

* Consuming raw or under cooked meat, poultry, seafood, shellsh or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.

Complete Lunches:

Students \$4.50

Staff \$5.00

Please order by the Thursday prior to the week that lunch is desired.

