



Ocean County Vocational-MATES Academy
Vocational High School Lunch (9-12)
Lunch , December 2024



Monday 02	Tuesday 03	Wednesday 04	Thursday 05	Friday 06
Barbecue Popcorn Chicken <i>Baked Fries</i> <i>Dinner Roll</i> Italian Hero <i>Bell Pepper</i> Pineapple	Macaroni & Cheese 🍷 <i>Dinner Roll</i> <i>Steamed Carrots</i> Italian Hero <i>Corn & Edamame Salad</i> Mandarin Orange Segments	Chicken & Cheddar Cheese Quesadilla 🍷 <i>Salsa</i> <i>Mexican Rice & Black Beans</i> Italian Hero <i>Garbanzo Bean & Red Pepper Salad</i> Diced Pears	Meatball Parm. Hero 🍷 <i>Peas & Carrots</i> Italian Hero <i>Cucumbers</i> Apple Slices	Big Daddy's Cheese Pizza 🍷 <i>Broccoli</i> <i>Tossed Salad</i> Italian Hero <i>Broccoli</i> Apple
Monday 09	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Popcorn Chicken <i>Tater Tots</i> <i>Dinner Roll</i> Garden Salad w/ Breaded Chicken 🍷 <i>Dinner Roll</i> <i>Black Bean & Corn Salsa</i> Applesauce	Ravioli w/ Marinara Sauce 🍷 <i>Peas & Carrots</i> <i>Dinner Roll</i> Garden Salad w/ Breaded Chicken 🍷 <i>Cauliflower</i> <i>Dinner Roll</i> Orange	Grilled BBQ Chicken & Cheese Wrap <i>Black Beans</i> Garden Salad w/ Breaded Chicken 🍷 <i>Garbanzo Bean & Red Pepper Salad</i> <i>Dinner Roll</i> Peach Cup	Cheeseburger Sliders on Buns <i>Cauliflower</i> Garden Salad w/ Breaded Chicken 🍷 <i>Bell Pepper</i> <i>Dinner Roll</i> Apple Slices	Big Daddy's Cheese Pizza 🍷 <i>Caesar Salad</i> Garden Salad w/ Breaded Chicken 🍷 <i>Dinner Roll</i> Baby Carrots Banana
Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Breaded Chicken Patty on a Bun <i>Sweet Potato Fries</i> Turkey & Cheese on a Roll <i>Tomatoes</i> Mandarin Orange Segments	Lasagna w/ Marinara Sauce 🍷 <i>Green Beans</i> <i>Dinner Roll</i> Turkey & Cheese on a Roll <i>Garbanzo Bean & Red Pepper Salad</i> Peach Cup	Popcorn Chicken Twister w/ Ranch Dressing <i>Baked Fries</i> Turkey & Cheese on a Roll <i>Corn & Edamame Salad</i> Diced Pears	Big Daddy's Cheese Pizza 🍷 <i>Tossed Salad</i> Turkey & Cheese on a Roll Baby Carrots Pineapple	Half Day - No Lunch Service
Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
Closed	Closed	Closed	Closed	Closed
Monday 30	Tuesday 31	No Menu Available	No Menu Available	No Menu Available
Closed	Closed			

* Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.

Complete Lunches
Students \$4.25
Staff \$4.75

**Please order by the
 Thursday prior to
 the week that lunch
 is desired.**

