



Ocean County Vocational-MATES Academy Vocational High School Lunch (9-12) Lunch , March 2025



Monday 03	Tuesday 04	Wednesday 05	Thursday 06	Friday 07
Popcorn Chicken <i>Tater Tots</i> <i>Dinner Roll</i> Garden Salad w/ Breaded Chicken 🐔 <i>Dinner Roll</i> <i>Black Bean & Corn Salsa</i> Applesauce	Grilled BBQ Chicken & Cheese Wrap <i>Black Beans</i> Garden Salad w/ Breaded Chicken 🐔 <i>Cauliflower</i> <i>Dinner Roll</i> <i>Garbanzo Bean & Red Pepper Salad</i> Peach Cup	Ravioli w/ Marinara Sauce 🟢 <i>Dinner Roll</i> <i>Peas & Carrots</i> Garden Salad w/ Breaded Chicken 🐔 <i>Garbanzo Bean & Red Pepper Salad</i> <i>Dinner Roll</i> <i>Cauliflower</i> Orange	Cheeseburger Sliders on Buns <i>Cauliflower</i> Garden Salad w/ Breaded Chicken 🐔 <i>Dinner Roll</i> <i>Bell Pepper</i> Apple Slices	Big Daddy's Cheese Pizza 🟢 <i>Caesar Salad</i> Garden Salad w/ Breaded Chicken 🐔 <i>Dinner Roll</i> Baby Carrots Banana
Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
Spicy Breaded Chicken on a Bun <i>Sweet Potato Fries</i> Turkey & Cheese on a Roll <i>Tomatoes</i> Mandarin Orange Segments	Lasagna w/ Marinara Sauce 🟢 <i>Dinner Roll</i> <i>Green Beans</i> Turkey & Cheese on a Roll <i>Garbanzo Bean & Red Pepper Salad</i> Peach Cup	Popcorn Chicken Twister w/ Ranch Dressing <i>Baked Fries</i> Turkey & Cheese on a Roll <i>Corn & Edamame Salad</i> Diced Pears	Chicken Fajita Hero <i>Rice & Beans</i> Turkey & Cheese on a Roll <i>Bell Pepper</i> Apple	Big Daddy's Cheese Pizza 🟢 <i>Tossed Salad</i> Turkey & Cheese on a Roll Baby Carrots Pineapple
Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
Chicken Tenders <i>Dinner Roll</i> <i>Smiley Potatoes</i> 🍷 Chef's Salad <i>Dinner Roll</i> <i>Garbanzo Bean & Red Pepper Salad</i> Applesauce	Pasta w/ Meatballs 🟡 <i>Steamed Carrots</i> <i>Dinner Roll</i> Chef's Salad <i>Dinner Roll</i> <i>Celery</i> Orange	Buffalo Chicken Twister <i>Cauliflower</i> Chef's Salad <i>Dinner Roll</i> <i>Bell Pepper</i> Apple	Cheesesteak Hero 🟡 <i>Black Bean & Corn Salsa</i> <i>Sweet Potato Fries</i> Chef's Salad <i>Dinner Roll</i> <i>Corn & Edamame Salad</i> Banana	Big Daddy's Cheese Pizza 🟢 <i>Caesar Salad</i> Chef's Salad <i>Dinner Roll</i> Baby Carrots Apple Slices
Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
Popcorn Chicken & Mashed Potato Bowl <i>Dinner Roll</i> Ham & Cheese on a Kaiser <i>Black Bean & Corn Salsa</i> Diced Pears	Pasta w/ Meat Sauce 🟡 <i>Dinner Roll</i> Ham & Cheese on a Kaiser <i>Tomatoes</i> Peas & Carrots Mandarin Orange Segments	Crispy Chicken Snack Wrap <i>Cauliflower</i> Ham & Cheese on a Kaiser <i>Cucumbers</i> Peach Cup	Chicken Parmesan on a Bun <i>Sweet Potato Fries</i> Ham & Cheese on a Kaiser <i>Garbanzo Bean & Red Pepper Salad</i> Apple	Big Daddy's Cheese Pizza 🟢 <i>Tossed Salad</i> Ham & Cheese on a Kaiser Baby Carrots Banana
Monday 31	<p style="text-align: center; color: red; font-weight: bold;">Complete Lunches</p> <p style="text-align: center; color: red; font-weight: bold;">Students \$4.25</p> <p style="text-align: center; color: red; font-weight: bold;">Staff \$4.75</p>		<p style="text-align: center; color: orange; font-weight: bold;">Please order by the Thursday prior to the week that lunch is desired.</p>	

* Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.