



Ocean County Vocational-MATES Academy Lunch , November 2024



No Menu Available				Friday 01
No Menu Available				Big Daddy's Cheese Pizza 🍕 <i>Caesar Salad</i> Garden Salad w/ Breaded Chicken 🍗 <i>Dinner Roll</i> Baby Carrots Banana
Monday 04	Tuesday 05	Wednesday 06	Thursday 07	Friday 08
Roll Carrots Apple PB&J or Cheese Sandwich Carrots and Apple	Breakfast for Lunch Breakfast Sandwich Carrots Apple PB&J or Cheese Sandwich Carrots and Apple	French Bread Pizza Carrots Apple PB&J or Cheese Sandwich Carrots Apple	School Closed	School Closed
Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
Chicken Tenders <i>Waffle Fries</i> 🍟 <i>Dinner Roll</i> Chef's Salad <i>Dinner Roll</i> <i>Garbanzo Bean & Red Pepper Salad</i> Applesauce	Pasta w/ Meatballs 🍝 <i>Dinner Roll</i> <i>Steamed Carrots</i> Chef's Salad <i>Celery</i> <i>Dinner Roll</i> Orange	Buffalo Chicken Twister 🍗 <i>Cauliflower</i> Chef's Salad <i>Bell Pepper</i> <i>Dinner Roll</i> Apple	Cheesesteak Hero 🍝 <i>Black Bean & Corn Salsa</i> <i>Sweet Potato Fries</i> Chef's Salad <i>Corn & Edamame Salad</i> <i>Dinner Roll</i> Banana	Big Daddy's Cheese Pizza 🍕 <i>Caesar Salad</i> Chef's Salad <i>Dinner Roll</i> Baby Carrots Apple Slices
Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
Popcorn Chicken & Mashed Potato Bowl <i>Peas</i> <i>Dinner Roll</i> Ham & Cheese on a Kaiser <i>Black Bean & Corn Salsa</i> Diced Pears	Pasta w/ Meat Sauce 🍝 <i>Dinner Roll</i> Ham & Cheese on a Kaiser <i>Tomatoes</i> Peas & Carrots Mandarin Orange Segments	Crispy Chicken Snack Wrap <i>Cauliflower</i> Ham & Cheese on a Kaiser <i>Cucumbers</i> Peach Cup	Cowboy Burger 🍔 <i>Sweet Potato Fries</i> Ham & Cheese on a Kaiser <i>Garbanzo Bean & Red Pepper Salad</i> Apple	Big Daddy's Cheese Pizza 🍕 <i>Tossed Salad</i> Ham & Cheese on a Kaiser Baby Carrots Banana
Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
Breaded Chicken Patty on a Bun <i>Sweet Potato Fries</i> Grilled Chicken Caesar Salad 🍗 <i>Bell Pepper</i> <i>Dinner Roll</i> Orange	Stuffed Shells w/ Marinara Sauce 🍝 <i>Green Beans</i> <i>Dinner Roll</i> Grilled Chicken Caesar Salad 🍗 <i>Dinner Roll</i> <i>Cucumbers</i> Apple	Chipotle Chicken & Cheese Wrap <i>Black Beans</i> Grilled Chicken Caesar Salad 🍗 <i>Dinner Roll</i> <i>Garbanzo Bean & Red Pepper Salad</i> Apple Slices	Happy Thanksgiving School Closed	School Closed

* Consuming raw or under cooked meat, poultry, seafood, shellsh or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.

Complete Lunches
 Students \$4.25
 Staff \$4.75

Please order by the
 Thursday prior to
 the week that lunch
 is desired.

