



Ocean County Vocational-MATES Academy

Vocational High School Lunch (9-12)

Lunch , September 2025



Monday 01	Tuesday 02	Wednesday 03	Thursday 04	Friday 05
Closed	Closed for Students	Closed for Students	Beef & Bean Burrito 🥑 Grilled Chicken Caesar Salad 🐔 Corn Dinner Roll Banana Welcome Back!	Big Daddy's Cheese Pizza 🍕 Caesar Salad Grilled Chicken Caesar Salad 🐔 Dinner Roll Baby Carrots Peach Cup
Monday 08	Tuesday 09	Wednesday 10	Thursday 11	Friday 12
Barbecue Popcorn Chicken Dinner Roll Baked Fries Italian Hero Bell Pepper Pineapple	Macaroni & Cheese 🍝 Steamed Carrots Dinner Roll Italian Hero Corn & Edamame Salad Mandarin Orange Segments	Chicken & Cheese Soft-Shell Tacos Mexican Rice Italian Hero Garbanzo Bean & Red Pepper Salad Diced Pears	Meatball Parm. Hero 🍖 Peas & Carrots Italian Hero Cucumbers Apple Slices	Big Daddy's Cheese Pizza 🍕 Tossed Salad Italian Hero Broccoli Apple
Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
Popcorn Chicken & Mashed Potato Bowl Dinner Roll Garden Salad w/ Breaded Chicken 🐔 Black Bean & Corn Salsa Dinner Roll Applesauce	Ravioli w/ Marinara Sauce 🍝 Peas & Carrots Dinner Roll Garden Salad w/ Breaded Chicken 🐔 Chicken 🐔 Dinner Roll Cauliflower Orange	Grilled BBQ Chicken & Cheese Wrap Black Beans Garden Salad w/ Breaded Chicken 🐔 Garbanzo Bean & Red Pepper Salad Dinner Roll Peach Cup	Cheeseburger Sliders on Buns Cauliflower Garden Salad w/ Breaded Chicken 🐔 Dinner Roll Bell Pepper Apple Slices	Big Daddy's Cheese Pizza 🍕 Caesar Salad Garden Salad w/ Breaded Chicken 🐔 Dinner Roll Baby Carrots Banana
Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
Spicy Breaded Chicken on a Bun Sweet Potato Fries Turkey & Cheese on a Roll Tomatoes Mandarin Orange Segments	School Closed	Popcorn Chicken Twister w/ Ranch Dressing Baked Fries Turkey & Cheese on a Roll Corn & Edamame Salad Diced Pears	Chicken Fajita Hero Rice & Beans Turkey & Cheese on a Roll Bell Pepper Apple	Big Daddy's Cheese Pizza 🍕 Tossed Salad Turkey & Cheese on a Roll Baby Carrots Pineapple
Monday 29	Tuesday 30			
Chicken Tenders Baked Fries Dinner Roll Chef's Salad Dinner Roll Garbanzo Bean & Red Pepper Salad Applesauce	Pasta w/ Meat Sauce 🍝 Steamed Carrots Dinner Roll Chef's Salad Dinner Roll Celery Orange	Complete Lunches: Students \$4.50 Staff \$5.00	Please order by the Thursday prior to the week that lunch is desired.	

* Consuming raw or under cooked meat, poultry, seafood, shellsh or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.