



Ocean County Vocational-MATES Academy Vocational High School Lunch (9-12) Lunch, February 2025



Monday 03	Tuesday 04	Wednesday 05	Thursday 06	Friday 07
Chicken Tenders <i>Dinner Roll</i> Waffle Fries 🍟 Chef's Salad <i>Garbanzo Bean & Red</i> <i>Pepper Salad</i> <i>Dinner Roll</i> Applesauce	Pasta w/ Meatballs 🍷 <i>Dinner Roll</i> <i>Steamed Carrots</i> Chef's Salad <i>Dinner Roll</i> <i>Celery</i> Orange	Buffalo Chicken Twister 🍷 <i>Cauliflower</i> Chef's Salad <i>Dinner Roll</i> <i>Bell Pepper</i> Apple	Cheesesteak Hero 🍷 <i>Black Bean & Corn Salsa</i> <i>Sweet Potato Fries</i> Chef's Salad <i>Dinner Roll</i> <i>Corn & Edamame Salad</i> Banana	Big Daddy's Cheese Pizza 🍕 <i>Caesar Salad</i> Chef's Salad <i>Dinner Roll</i> Baby Carrots Apple Slices
Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
Popcorn Chicken & Mashed Potato Bowl <i>Dinner Roll</i> <i>Peas</i> Ham & Cheese on a Kaiser <i>Black Bean & Corn Salsa</i> Diced Pears	Pasta w/ Meat Sauce 🍷 <i>Dinner Roll</i> Ham & Cheese on a Kaiser <i>Tomatoes</i> Peas & Carrots Mandarin Orange Segments	Crispy Chicken Snack Wrap <i>Cauliflower</i> Ham & Cheese on a Kaiser <i>Cucumbers</i> Peach Cup	<p style="text-align: center;">Early Dismissal for Students - No Lunch</p>	<p style="text-align: center;">School Closed for President's Weekend</p>
Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
<p style="text-align: center;">School Closed for President's Day</p>	Stuffed Shells w/ Marinara Sauce 🍷 <i>Dinner Roll</i> <i>Green Beans</i> Grilled Chicken Caesar Salad 🍷 <i>Cucumbers</i> <i>Dinner Roll</i> Apple	Chipotle Chicken & Cheese Wrap <i>Black Beans</i> Grilled Chicken Caesar Salad 🍷 <i>Dinner Roll</i> <i>Garbanzo Bean & Red Pepper Salad</i> Apple Slices	Sampler Platter <i>Smiley Potatoes</i> 🍟 Grilled Chicken Caesar Salad 🍷 <i>Corn</i> <i>Dinner Roll</i> Banana	Big Daddy's Cheese Pizza 🍕 <i>Caesar Salad</i> Grilled Chicken Caesar Salad 🍷 <i>Dinner Roll</i> Baby Carrots Peach Cup
Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
Barbecue Popcorn Chicken <i>Baked Fries</i> <i>Dinner Roll</i> Italian Hero <i>Bell Pepper</i> Pineapple	Macaroni & Cheese 🍷 <i>Steamed Carrots</i> <i>Dinner Roll</i> Italian Hero <i>Corn & Edamame Salad</i> Mandarin Orange Segments	Chicken & Cheddar Cheese Quesadilla 🍷 <i>Salsa</i> <i>Mexican Rice & Black Beans</i> Italian Hero <i>Garbanzo Bean & Red Pepper Salad</i> Diced Pears	Meatball Parm. Hero 🍷 <i>Peas & Carrots</i> Italian Hero <i>Cucumbers</i> Apple Slices	Big Daddy's Cheese Pizza 🍕 <i>Broccoli</i> <i>Tossed Salad</i> Italian Hero <i>Broccoli</i> Apple

* Consuming raw or under cooked meat, poultry, seafood, shellsh or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.

Complete Lunches

Students \$4.25

Staff \$4.75

Please order by the
Thursday prior to the
week that lunch
is desired.

