



Ocean County Vocational-MATES Academy  
Default (9-12)  
Lunch , February 2026



Monday02	Tuesday03	Wednesday04	Thursday05	Friday06
Chicken Tenders Sweet Potato Fries Dinner Roll Chef's Salad Garbanzo Bean & Red Pepper Salad Dinner Roll Fruit Cup	Tortellini w/ Marinara Sauce 🍷 Dinner Roll Chef's Salad Celery Dinner Roll Orange	Chicken Burrito w/ Rice & Cheese 🍷 Chef's Salad Bell Pepper Dinner Roll Apple	Cheesesteak Hero 🍷 Sweet Potato Fries Chef's Salad Dinner Roll Corn & Edamame Salad Banana	Big Daddy's Cheese Pizza 🍷 Tater Tots Chef's Salad Dinner Roll Baby Carrots Apple Slices
Monday09	Tuesday10	Wednesday11	Thursday12	Friday13
Popcorn Chicken & Mashed Potato Bowl Dinner Roll Ham & Cheese on a Kaiser Black Bean & Corn Salsa Diced Pears	Pasta w/ Meatballs 🍷 Peas & Carrots Dinner Roll Ham & Cheese on a Kaiser Tomatoes Mandarin Orange Segments	Buffalo Chicken Twister Cauliflower Ham & Cheese on a Kaiser Cucumbers Peach Cup	Pulled Pork Sandwich Ham & Cheese on a Kaiser Garbanzo Bean & Red Pepper Salad Apple	Big Daddy's Cheese Pizza 🍷 Wedge Cut Fries Ham & Cheese on a Kaiser Baby Carrots Banana
Monday16	Tuesday17	Wednesday18	Thursday19	Friday20
No School President's Day	Stuffed Shells w/ Marinara Sauce 🍷 Dinner Roll Green Beans Grilled Chicken Caesar Salad 🍷 Cucumbers Dinner Roll Apple	Chipotle Chicken & Cheese Wrap Black Beans Grilled Chicken Caesar Salad 🍷 Dinner Roll Garbanzo Bean & Red Pepper Salad Apple Slices	Beef & Bean Burrito 🍷 Tossed Salad Grilled Chicken Caesar Salad 🍷 Dinner Roll Corn Banana	Big Daddy's Cheese Pizza 🍷 Baked Fries Grilled Chicken Caesar Salad 🍷 Dinner Roll Baby Carrots Orange
Monday23	Tuesday24	Wednesday25	Thursday26	Friday27
Barbecue Popcorn Chicken Baked Fries Dinner Roll Italian Hero Bell Pepper Pineapple	Macaroni & Cheese 🍷 Dinner Roll Steamed Carrots Italian Hero Corn & Edamame Salad Mandarin Orange Segments	Chicken & Cheese Soft-Shell Tacos Mexican Rice Italian Hero Garbanzo Bean & Red Pepper Salad Diced Pears	Meatball Parm. Hero 🍷 Peas & Carrots Italian Hero Cucumbers Apple Slices	Big Daddy's Cheese Pizza 🍷 Tater Tots Italian Hero Broccoli Apple

\* Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.

Complete Lunches:  
Students \$4.50  
Staff \$5.00

Please order by the Thursday prior  
to the week that lunch is desired.

